

# Upcoming Events

Save these dates:

- MAY – Older Americans Month
- May 25 – National Senior Health & Fitness Day
- August 21 – National Senior Citizen Day
- September – National Senior Center Month. *An opportunity to showcase your senior center and promote a positive image of aging.*
- National Grandparents Day is celebrated on the first Sunday after Labor Day, annually. Sept 10, 2017, Sept 9, 2018, Sept 8, 2019
- Massachusetts Council on Aging (MCOA) Annual Conference to be held at the Doubletree by Hilton North Shore in Danvers, MA on October 18, 19, & 20, 2017.
- Tri State Learning Collaborative on Aging (NH, VT, ME) offers webinars and conferences throughout the year: <http://agefriendly.community/>
- NH's Alliance for Healthy Aging quarterly meetings: <http://chhs.unh.edu/cacl/alliance-healthy-aging>

*NHASC Board Meetings take place on the 3<sup>rd</sup> Thurs of each month. All members are welcome to attend Board meetings. They are held at the GoodLife Programs & Activities Center, 254 North State St, Concord. Call to confirm prior to attending.*

If you have any questions, please contact

Brinn Sullivan, President at 603.610.4433 or [bsullivan@cityofportsmouth.com](mailto:bsullivan@cityofportsmouth.com)